# Top Tips! Navigating Redundancy



#### Firstly, don't panic!

You will find another position. It can be a shock and your confidence may have taken a knock, so **find someone you can talk to** about how you are feeling, someone who can **reassure** you that it will be ok. Redundancy is part of the landscape of work, **it is not something to be ashamed of** and can often **lead** to something **bigger and better**.

#### Check your pay

Make sure that you have been paid correctly. Check your contract and make sure that everything has been included. As well as redundancy you should be entitled to notice period, outstanding holiday pay and any other contractual benefits.

https://www.gov.uk/redundancy-yourrights/redundancy-pay

If you find yourself in financial difficulties get in touch with <a href="https://mrba.org.uk/">https://mrba.org.uk/</a>. They are there to help market research professionals.

## Update your CV and LinkedIn profile

Use the "open to work" banner if you are happy to. Do you have a regular recruiter, someone who advises you on the market and who has maybe found you roles in the past? Get in touch with them, they already know you and will be able to instantly help.

#### **Be Productive**

Set aside some **time** every day **to job search**. Don't spend all day looking for a job – it can be draining and nonproductive! Reach out to your network for support and potential job leads.

Remember it is **not unreasonable** to expect a **degree of flexibility** from your employer during the final weeks if you need to take time to **go to interviews**.

#### Keep learning

In between job searches, **find time** to **upskill.** By developing new skills, you will become a **more competitive** candidate in the job market, and you'll have the potential to **increase your earning**.

## Keep your options open

Be open in terms of what roles you apply for. Consider roles slightly out of your normal range, this could be a good time to experiment and experience new sectors and environments.

## Prepare for how you will talk about the redundancy

You will be asked about it in interviews.

Don't focus on the negative elements of how your previous employment ended.

You need to focus on the future.

#### Remember

Redundancy is a **challenging** but **temporary** phase in your career. By taking **proactive steps**, and **seeking support**, you can **navigate the transition** and **emerge stronger** on the other side!

**Good luck!**